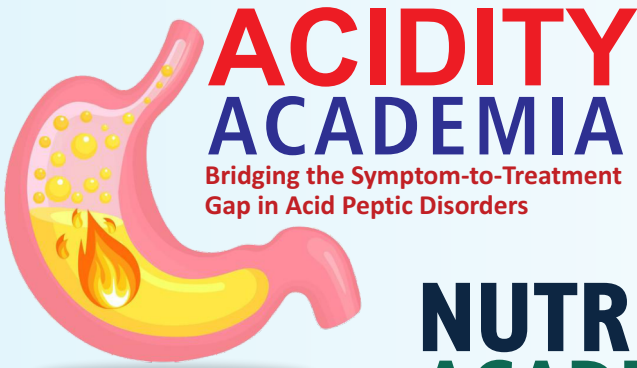




Association for Advanced Medical Skill & Specialty

National CPD Series 2026



NUTRITION ACADEMIA

Bridging the Nutrition-to-Clinical Outcomes Gap



Della Resorts Lonavala



26th-27th September 2026



**Evidence-Based
Micronutrient Management
Across Primary Care**



**Practical Strategies for
Physicians &
Family Physicians**

Multi-City Academic Rollout | 2026



Evidence



Early
Recognition



Rational
Supplementation



Better Clinical
Outcomes

Welcome Letter

Dear Doctor,

Warm greetings from the Association for Advanced Medical Skill & Specialty (AAMSS).

We are pleased to welcome you to **Nutrition Academia – Bridging the Nutrition-to-Clinical Outcomes Gap**, a focused Continuing Professional Development initiative designed to strengthen evidence-based nutritional management in everyday clinical practice.

Micronutrient deficiencies remain an important yet frequently under-recognised contributor to disease burden in India. Deficiencies of iron, vitamin D, folate, vitamin B12, and zinc, together with inadequate nutritional status, may adversely affect maternal health, child growth, musculoskeletal function, immunity, recovery from illness, and overall clinical outcomes.

Primary care physicians routinely encounter patients presenting with fatigue, anaemia, recurrent infections, musculoskeletal symptoms, poor appetite, delayed recovery, nutritional deficiencies and pregnancy-related micronutrient requirements.

Despite increasing clinical awareness, important practice gaps remain in the early recognition of nutritional deficiencies, appropriate laboratory evaluation, rational supplementation, treatment duration and monitoring of therapeutic response.

Nutrition Academia was designed to translate contemporary evidence into practical outpatient strategies that physicians can integrate into routine clinical decision-making.

Through expert-led scientific sessions, case-based discussions and interactive deliberations, the programme will explore the practical management of common nutritional deficiencies across different patient populations.

We look forward to your active participation and contribution to this academic initiative.

Warm regards,



Dr Nandkishor V. Shingne

President

Association for Advanced Medical Skill & Specialty (AAMSS)

CPD Objective

To strengthen evidence-based nutritional management in primary care through practical clinical algorithms for early diagnosis, rational micronutrient supplementation and long-term nutritional optimisation across different patient populations.

Learning Objectives

By the end of the programme, participants will be able to:

- Identify common micronutrient deficiencies encountered in clinical practice
- Recognise clinical manifestations of vitamin D deficiency
- Differentiate nutritional anaemia from other causes of anaemia
- Understand appropriate supplementation of iron, folate, vitamin B12, vitamin D and zinc
- Optimise nutritional management during pregnancy and lactation
- Apply evidence-based nutritional management in children and adolescents
- Understand nutritional support during recovery from acute infections
- Monitor therapeutic response using appropriate laboratory parameters
- Improve patient adherence to nutritional interventions
- Develop structured long-term nutritional management plans
- Academic Highlights

Why Attend?

- Evidence-based updates on common micronutrient deficiencies
 - Practical approach to iron deficiency and nutritional anaemia
 - Rational iron, folate, vitamin B12, vitamin D and zinc supplementation
 - Nutritional management during pregnancy and lactation
 - Micronutrients in child growth and development
 - Nutritional support during recovery and convalescence
 - Laboratory assessment and monitoring of treatment response
 - Practical patient counselling and adherence strategies
 - Interactive clinical case discussions
 - Expert panel interaction and peer-to-peer scientific exchange
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SCIENTIFIC AGENDA

Session 1

3:00 PM – 5:00 PM

- 3:00 – 3:10 PM **Welcome Note & Programme Overview**
 - Introduction to Nutrition Academia and the clinical relevance of evidence-based micronutrient management in primary care.
- 3:10 – 3:50 PM **Burden of Micronutrient Deficiency in India**
 - Recognising the clinical impact of iron, vitamin D, folate, vitamin B12 and zinc deficiencies across different patient populations.
- 3:50 – 4:30 PM **Practical Diagnostic Approach to Nutritional Deficiencies**
 - Clinical recognition, appropriate laboratory evaluation and interpretation of nutritional deficiencies encountered in routine outpatient practice.
- 4:30 – 5:00 PM **Case-Based Discussion**
 - Managing Anaemia, Pregnancy Nutrition and Vitamin Deficiencies
 - Real-world clinical scenarios focusing on diagnosis, therapeutic selection, supplementation and monitoring.
- 5:00 PM **Hi-Tea & Networking Break**

Session 2

6:00 PM – 8:00 PM

- 6:00 – 6:10 PM **Clinical Recap**
 - Key clinical learning from Session 1 and transition to therapeutic management.
- 6:10 – 6:50 PM **Evidence-Based Nutritional Supplementation Across Different Clinical Settings**
 - Practical considerations in the supplementation of iron, folate, vitamin B12, vitamin D and zinc across diverse patient populations.
- 6:50 – 7:30 PM **Improving Compliance & Long-Term Nutritional Optimisation**
 - Patient counselling, treatment duration, monitoring, adherence and prevention of recurrent nutritional deficiencies.
- 7:30 – 8:00 PM **Expert Panel Discussion**
 - Clinical Questions from Everyday Practice
 - Interactive discussion addressing practical challenges in nutritional assessment, supplementation and long-term management.

Target Audience

- Physicians
- Family Physicians
- Consulting Physicians
- Internal Medicine Specialists
- Obstetricians & Gynaecologists
- Paediatricians
- Community Physicians
- Physicians managing lifestyle disorders
- High-volume OPD clinicians

CPD Significance

Clinical Relevance

Micronutrient deficiencies are frequently encountered across primary care, internal medicine, paediatrics and women's health. Early recognition and appropriate nutritional intervention can meaningfully improve clinical outcomes.

Scientific Advancement

The programme translates current evidence on nutritional deficiencies and supplementation into practical clinical approaches relevant to everyday outpatient management.

Practical Utility

Participants will gain practical approaches for identifying nutritional deficiencies, selecting appropriate supplementation, monitoring therapeutic response and developing long-term nutritional care pathways.

Professional Exchange

Nutrition Academia provides a platform for physicians from different clinical disciplines to discuss real-world nutritional challenges, exchange clinical experience and interact with expert faculty.



Limited Seats – Book Early!

Registrations will be accepted on a **first-come, first-served basis**. Early registration ensures accommodation preference and confirmed participation privileges for the CPD program scheduled from **26th–27th September 2026 at Della Resorts Lonavala** with the scientific session on **26th September 2026**.

Registration Fees (inclusive of GST)				
Up to 10 th September 2026			On Site	
Category	Non Residential	Residential	Non Residential	Residential
Delegate	INR 1,250	INR 4,500	INR 1,500	INR 5,000
Student	INR 1,000	INR 4,000	INR 1,250	INR 4,500

Delegate Participation Benefits

Registered delegates will receive:

- Delegate scientific kit and educational resources
- Access to all scientific sessions
- Participation in faculty-led discussions and interactive case reviews
- Collaborative peer-learning opportunities
- Hospitality during the scientific programme
- Networking opportunities with experienced faculty members and practising clinicians
- Post-event scientific highlights and educational resources

About AAMSS

By integrating evidence-based clinical learning with skill-building in leadership, communication, and practice improvement, AAMSS supports doctors in strengthening both medical expertise and overall professional competence required in today's evolving clinical environment. **AAMSS** is a dedicated educational platform committed to advancing **Continuing Professional Development (CPD)** for healthcare professionals across India.

Our Initiatives Include

- CME and CPD programs focused on real-world cardiovascular and metabolic care
- Expert faculty engagement and advisory-driven content
- Knowledge-sharing forums encouraging peer learning
- Academic collaborations with hospitals and medical associations
- Practical learning modules designed for immediate clinical application

Each CPD activity is designed to improve patient care, reinforce physician identity, and elevate standards of clinical excellence.

AAMSS is more than a platform.

It is a commitment to developing doctors who lead, influence, and innovate responsibly.

For inquiries and registration, please contact:

Dr. Nandkishor V. Shingne
President

Dr. Rahul Mishra
Secretary

Dr. Samit Lal
Treasurer

Association for Advanced Medical Skill & Specialty (AAMSS)

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