



Cardio-Renal-Metabolic Conclave 2026

Integrating Heart, Kidney & Metabolic Care

A Continuing Professional Development (CPD) Initiative

 **Igatpuri, Maharashtra**

 **28th - 29th March 2026**

Welcome Letter

Dear Doctor,

Warm greetings from **CPD Gurukul**.

We are delighted to invite you to the **Cardio-Renal-Metabolic Conclave 2026**, a focused Continuing Professional Development program that explores the evolving science of integrated **heart, kidney, and metabolic care**.

This destination CPD program will take place in the serene hill setting of **Igatpuri, Maharashtra**, from **28–29 March 2026**, with the **scientific academic session scheduled on 28 March 2026 from 4:00 PM to 9:00 PM**.

Cardiovascular disease, chronic kidney disease, and diabetes increasingly intersect in clinical practice. Managing these conditions effectively requires **an integrated and multidisciplinary approach grounded in the latest evidence and guidelines**.

This conclave brings together **cardiologists, nephrologists, diabetologists, and consulting physicians** to discuss guideline updates, landmark trials, and practical clinical strategies across the **cardio-renal-metabolic continuum**.

Set against the tranquil landscape of the **Western Ghats in Igatpuri**, the program also provides a valuable opportunity for **professional networking, peer learning, and reflective clinical discussions**.

We look forward to welcoming you for an enriching academic and experiential CPD program.

Warm regards,



Dr. Sunil Pandey

Director – Medical Affairs

CPD Gurukul

Academic Focus of the CPD

The Cardio-Renal-Metabolic Conclave is designed to provide **practical clinical insights into the interconnected management of cardiovascular disease, kidney disease, and diabetes.**

Key academic themes include:

- Understanding the **cardio-renal-metabolic disease continuum**
- Implementing **quadruple therapy strategies** for cardio-renal protection
- Managing cardiovascular complications in patients with diabetes
- Translating **updated NICE Type 2 Diabetes guidelines** into everyday practice
- Integrating heart, kidney, and metabolic care for improved patient outcomes

CPD Significance

Multidisciplinary Collaboration: Encourages meaningful dialogue among cardiologists, nephrologists, and diabetologists.

Outcome-Focused Care: Focuses on strategies that improve cardiovascular, renal, and metabolic outcomes.

Guideline-Driven Therapy: Translates contemporary international guidelines into practical clinical application.

Integrated Clinical Decision-Making: Strengthens coordinated care across the cardio-renal-metabolic continuum.

Agenda

Time	Session
4:00 to 4:15 PM	Welcome Address & Opening Remarks
4:15 to 5:00 PM	Nephrology Session: The New Era of CKD Care – Quadruple Therapy & Cardio-Renal Protection
5:00 to 5:15 PM	Expert Discussion & Audience Interaction
5:15 to 6:00 PM	Cardiology Session: Managing Cardiac Symptoms in Diabetes – What's Different in 2026?
6:00 to 6:15 PM	Expert Discussion & Clinical Case Reflections
6:15 to 6:30 PM	Tea Break
6:30 to 7:15 PM	Diabetology Session: What's Changed? New NICE Type 2 Diabetes Guidelines
7:15 to 7:45 PM	Integrated Cardio-Renal-Metabolic Case Discussions
7:45 to 8:30 PM	Panel Discussion: Integrating Heart, Kidney & Metabolic Care in Practice
8:30 to 8:50 PM	Open Forum – Q&A and Interactive Engagement
8:50 to 9:00 PM	Key Takeaways & Closing Remarks

Limited Seats – Book Early!

Registrations will be accepted on a **first-come, first-served basis**. Early registration ensures accommodation and participation privileges.

Registration Fees		
Category	Up to 15 th March, 2026	Spot
Delegate	INR 4,000 inclusive of GST	INR 5,000 inclusive of GST
Student	INR 3,000 inclusive of GST	INR 4,000 inclusive of GST

Beyond academic learning, this CPD program offers physicians a **destination learning experience in the hills of Igatpuri**.

Participants will enjoy:

- Focused scientific discussions in a calm and inspiring environment
- Informal networking with physicians from different specialities
- Meaningful peer interaction outside the formal lecture setting
- A refreshing academic retreat amidst the Western Ghats

Networking and Peer Exchange

The two-day gathering encourages interaction beyond the academic session.

Highlights include:

- Informal faculty-delegate interactions
- Cross-speciality discussions on real clinical challenges
- Opportunities for collaborative learning and idea exchange
- Building professional relationships across regions and specialities

For inquiries and registration, please contact:

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